

Wholeness Solution Resources

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Subject Area	Title	Link
Overview	Counselling Tutor	https://counsellingtutor.com/free-cpd-difference-and-diversity/
	BAATN	https://vimeo.com/1166075933
	TASC (Therapy and Social Change Network)	https://www.youtube.com/watch?v=s41VoQsWO28
	Personal background Mamood Ahmad and WS	https://renew.org.uk/renews-graduate-celebration-day-2026-in-conversation-with-our-special-guest-mamood-ahmad/ https://tadf.co.uk/2025/12/03/a-new-introduction-to-counselling-psychotherapy-review-interview-article/
	Primer introduction slides	Wholeness Solution: Primer & Orientation Lesson – The Wholeness Solution for Training, Curricula & Practice
	Counselling Matters NCPS Article	https://tadf.co.uk/2025/12/03/a-new-introduction-to-counselling-psychotherapy-review-interview-article/
	Book Launch Video (Onlinevents)	https://youtu.be/1a-f-pDY4BM?si=0chyUVuWzskVPxyJ
Wholeness solution framework		
	Whole solution framework	Whole Solution Framework – The Wholeness Solution for Training, Curricula & Practice
	Guidance Document: Embedding Context, Identity, and EDI in Training: Guidance for Provision, Design and Delivery (Long and Summary versions below).	https://tadf.co.uk/guidance-embedding-context-identity-and-edi-in-training/
	Reference cards (standalone) for wholeness models including whole experience and relationships (ethics, conceptualisation and organisation to be added).	https://tadf.co.uk/reference-cards/
	FAQ on the Wholeness Solution	https://tadf.co.uk/faq-the-wholeness-solution-ws/
	Whole relationship images	https://tadf.co.uk/whole-relationship-model/
	Whole experience images	https://tadf.co.uk/the-wholeness-solution-images/
	Whole group image	https://tadf.co.uk/whole-group-images/
Learning and teaching	Wholeness online creative tools (developed by Yasmin Shaheen Zaffar)	https://mycctoolkit.online/WholenesSolution
	A New Introduction to Counselling and Psychotherapy [Routledge book]	https://www.amazon.co.uk/New-Introduction-Counselling-Psychotherapy-Embedding/dp/1032805935/
	Full day - Wholeness Induction day	https://tadf.co.uk/wholeness-solution-induction-day/
	Half day - Induction day video to the wholeness solution (use for self-induction and/or model of day 1 pedagogy)	https://youtu.be/oslhiS6lsec?si=rCkIUHNBd8t8wFR5
	Half Day - Slides for Induction Day (See Orientation slides)	https://tadf.co.uk/orientation-lesson/
	Learner training plan	https://tadf.co.uk/self-learning-plan-on-demand/
	Tutor training plan	https://tadf.co.uk/train-the-trainer-on-demand-learning-plan/
	Blog: Spotlight on Embedding Neurodiversity into the Curriculum in Helping Professions	https://jedefarrington.substack.com/p/spotlight-on-embedding-neurodiversity
	Blog: Whole Group Framework description and importance	https://mamoodahmad.substack.com/p/group-dynamics-the-whole-group-framework
	Blog: Embedding Wholeness in Petruska Clarkson's Therapeutic Relationship Model and the Missing Mode of the Relationship	https://tadf.co.uk/2026/06/09/embedding-wholeness-in-the-petruska-clarkson-therapeutic-relationship-model-and-the-missing-mode-of-the-relationship/
	Paper: Why "The Relationship" Is Not Good Enough: Epistemic Limits and Flaws	https://mamoodahmad.substack.com/p/why-the-relationship-is-not-good
	Embedding Solution for 7-Eyed Model of Supervision	https://tadf.co.uk/2026/05/28/beyond-the-7-eyed-model-of-supervision-a-whole-7-eyed-model-of-supervision/
	JoCAT Journal Review	https://www.jocat-online.org/r-25-aly
	New Psychotherapist (UKCP) Article (Page 26)	https://www.psychotherapy.org.uk/media/ev2d0wq1/new-psychotherapist-issue-92-summer-2026.pdf